



Co-Occurring Joint Action Council (COJAC) Workgroup Minutes, October 24, 2007

Participants

Policy Council Co-Chairs: Marjorie McKisson (ADP), Michael Borunda (DMH)

Workgroup Co-Chairs: Cheryl Trenwith (CADPAAC)

Workgroup: Dave Neilsen (DMH), Jim O'Connell (SMRS), Carol Wilkins (CSH), Tom Renfree (ADPI/CADPAAC), Sandra Naylor Goodwin (CiMH), Vivian Brown (Prototypes), Mary Hale (ADPI/CADPAAC), Albert Senella (Tarzana), Elizabeth Stanley-Salazar (Phoenix House), Madelyn Schlaepfer (CADPAAC)

Other COJAC Staff: Alice Trujillo (ADP), Darien De Lu (ADP), Alice Washington (CiMH)

Guest: Sunshine Borelli (Assembly Member Beall's aide), Matthew Lieberman (MHSOAC), David Pating (MHSOAC Commissioner), Cassandra Loch (Prototypes), Mark Martin (Little Hoover Commission), Ron Bettencourt (DMH)

Welcome and Introductions

Cheryl Trenwith, Co-Chair of the COJAC Workgroup, opened the meeting at 10:12 am. She asked the new and old members to introduce themselves along with the guests.

Review the minutes

Cheryl Trenwith asked the members to review the minutes from the August 2007 meeting. She asked for approval, but stated that the members would need to address Darien De Lu's (ADP) questions about the minutes.

1. Page 4-dd1-correct as written
2. Page 4-dd2-correct as written
3. Page 5-dd3-correct as written
4. Page 6-dd4-correct as written

Vivian Brown provided a minor correction. On page 8, first paragraph the language should read “uses two as the cut point.” This is in reference to the Screening Tool.

Vivian Brown motioned for the adoption of the minutes with the correction and Sandra Naylor Goodwin seconded. The minutes were approved with 4 abstentions.

Review and approve agenda

Cheryl Trenwith asked for changes and additions to the current meeting agenda. She added three items. There would be two presentations, one from the Mental Health Services Act Oversight and Accountability Commission (MHSOAC) and one from Assembly Member Jim Beall's aide. The presentations from these guests were added after the State Report.

There was also a guest from the Little Hoover Commission who also would provide a brief presentation about his goal for attending the COJAC Workgroup meeting-learning and understanding COD issues in California as well as follow-up to previous a Little Hoover Commission report. His presentation was added under New Business.

COJAC Policy Council Report and State Reports

Policy Council

Marjorie McKisson and Michael Borunda spoke about the Policy Council meeting that was held on Friday, Sept. 28, 2007.

Workgroup 2008 Meeting Dates

The Policy Council discussed the agendas for COJAC Workgroup and the COJAC Workgroup 2008 meeting dates

It is a challenge for DMH staff to attend the meetings as they are having staffing issues as well as undergoing reorganization. Dave Neilson and Michael Borunda may attend. DMH is on board with Workgroup meetings, but the monthly subcommittee calls will be hard for DMH to staff.

The COJAC Workgroup 2008 meeting calendar was approved with two changes due to conflicts with CMHDA Governing Board meeting. The changes are as follows:

Workgroup

[These dates are not definite; they are subject to further discussion.]

Jan. 16
March 19
May 21
Apr. 16
June 18 (collapse with Policy Council w/directors)
Aug. 20
October 15
December 17

The Policy Council is still debating the need for their existence, so their calendar is not yet firm. Albert Senella stated that the Policy Council is the original advocate for the Workgroup, since the Workgroup does not have access to the decision makers. Cheryl Trenwith stated that the members wanted to remove the barriers of getting the decision to the two Directors with the help of the Policy Council. There will be more information about the decision in January, 2008.

Action Item: The final meeting dates for both the Workgroup and Policy Council will be reviewed, again. The review results from inaccurate versions of the approved dates.

State Action Plan Updates

The Policy Council also discussed updating of the State Action Plan (SAP). ADP is encouraging the COJAC subcommittees to make sure the SAP updates outline clear steps to achieve the goals and to make sure all changes are and stay relevant.

The COJAC Workgroup members asked questions about the updates happening without the expertise of DMH staff in the subcommittee meetings. The COJAC Workgroup members strongly stated that DMH information is important during the updating process as well as when developing products. Sandra Naylor Goodwin stated that DMH staff needs to help the COJAC Workgroup and subcommittees as the members think about the updates. DMH is important because they provide information, research, a policy role, and a unique perspective.

Sandra Naylor Goodwin moved that COJAC recommend that DMH have/develop an Office of COD so that some DMH staff can be dedicated to help with the SAP.

Albert Senella seconded this motion. He stated that the COJAC Workgroup should send message to the DMH Director that he should allocate the resources and positions to do the SAP work.

Cheryl Trenwith stated that the MHSA is a co-occurring initiative. Do we need a letter from the Workgroup to ask for these monies for DMH staff support?

This motion is still in discussion.

Elizabeth Stanley-Salazar suggested having a strategic day to plan the role of COJAC. Cheryl stated this was a realistic plan, and elected January 16, 2008 as that day.

ADPI Policy Paper

The Policy Council encouraged ADPI to distribute the COD white paper using their website, but the paper is still in the approval process at the two Departments. The Directors must approve the document before it may be posted on the COJAC website (with corrections).

Approval of New COJAC Workgroup Member

The Policy Council approved Madelyn Schlaepfer for the Workgroup.

State Reports

ADP

- The ADP COD Unit is working with UCSF to finalize the agreement to test the screening tool. The staff is addressing one barrier: UCSF wants to validate it against one other screening tool; ADP wants two tools. There is also a request to have the COJAC Screening Subcommittee serve in an advisory role.
- The ADP COD Unit is looking at strategies for substance abuse treatment and prevention providers to develop services qualifying for PEI funding. The COD Unit will disseminate periodic emails, called the *COD E-circular*, to provide counties and other stakeholders with information on PEI and other COD-related issues. (For further info, contact Alice T. or Darien D.)

Action Items

- The ADP COD Unit will send the information about the e-newsletter to CiMH and CMHDA since only CADPAAC has received the information.
- Darien brought up website posting issues associated with the COJAC Screening Tool and the Housing Subcommittee recommendations to Governor's Homelessness Plan. . Both issues would need to be resolved with approval. Dave Neilsen asked that the recommendations be sent to DMH for review. DMH has not yet approved them. Dr. Brown will provide Darien with the Spanish version of the Screening Tool and an updated cover sheet.

DMH

DMH is going through reorganization. Ron Bettencourt reported on the IDDT project. DMH applied for this SAMSA grant in 2003 with CIMH. The project's goal was to implement the Integrated Services Toolkit in 4 counties with 8 programs and provide an evaluation. The work was completed last month. Dan Chandler is willing to do a report to this Workgroup at the January 2008 meeting.

Action Item

Michael Borunda asked that the IDDT presentation be placed on the January 16, 2008, meeting agenda.

Presentations

Mental Health Services Act Oversight and Accountability Commission (MHSOAC or OAC)

Matthew Lieberman (staff) and David Pating (commissioner) from the OAC presented to the members. The following are the major points of their presentation.

Collaboration with COJAC

- MHSA has COD in a major portion of the vision. Transformation that includes integration, recovery, etc., is very important.
- The OAC is proud of all documents that have been created by the COJAC.
- The OAC is looking for an opportunity for linkage that includes:
 - a. Listen to the COJAC and develop a dialogue with the members, as a first step;
 - b. Share with the COJAC the document the OAC has produced on COD which was developed in special hearings on COD issues and outlines their findings.
 - c. Use the ADPI policy paper to address the gaps and areas of overlap in the OAC paper

Components of the MHSA

- COD issues and services are embedded in the Full Service Partnerships (FSP) with the CSS funding.

- PEI plans are being submitted for approval which will happen in the next few months. PEI can apply to COD treatment, and the OAC is looking to the COJAC for advice.
- Education/Training – guidelines are in process, and they have COD areas.
- Capital/IT – preparations are still being made for county 2008 funding requests..
- Innovation – the MHSOAC has nearly completed work on the policy paper.
- MHSA Housing Program – applications for funding have been received.

Other Resources for COD Issues

They are looking to address COD with the Stages of Change and will approach the issues using David Pating's experience from Kaiser. The OAC is using this framework:

Why?

Nature of the problem?

Relevant to homeless people?

Using a continuum of care? (Crisis to recovery)

Highlights of the Responses from the COJAC Workgroup Members to the MHSOAC Presentation

- Licensing and Certification

Elizabeth Stanley-Salazar stated that we need to look at data so as to understand the numbers of dually licensed programs in the state with particular attention being paid to how many agencies are engaged in FSP and what are the standards and regulations governing qualification to provide the COD services.

- ADPI Policy Paper on COD

Albert Senella asked how the ADPI policy paper will be used by the OAC. David Pating stated that future guidelines will include some of the ADPI information. Although the CSS and PEI guidelines have been written and released, the OAC/ADPI document can support future recommendations to counties. They will need to think about inclusion in a different way, since the CSS/PEI guidelines have been written and released. Sandra Naylor Goodwin asked if there would be opportunities to provide input for changes. Matthew Lieberman stated they are setting up a process to study COD and a workgroup who will work on modifying the document, and then opportunities for input will arise.

- The IDDT project and Minkoff's trainings would be great to bring into the discussion.
- Michael Borunda stated that the use of data from AB 2034 would assist the OAC.
- Carol Wilkins-What are the solutions to addressing untreated mental illness and COD? Costs? Housing? Where is there a stake in other parts of the government to find the solutions? MHSA does not address all problems. David Pating stated that we need to pick those partners that are most useful as resources.
- Vivian Brown- It is important to use AOD data to look at the issues, understand the EBPs for substance use, use the Four Quadrant Model, and have trauma-informed services for the COD population. David Pating stated that trauma is dealt with in the act itself; it is not in the COD report from the OAC. But science has exceeded the system's capacity to implement new developments.
- Elizabeth Stanley-Salazar stated that since Kaiser's work has impacted policy, how do we transform the public MH/SU system to the impact private plans? How has the OAC interfaced with the private sector on the issues? David Pating responded that there are not many public/private partnerships. Matthew Lieberman stated there are members from the private sector on the OAC who inform decisions and advise the Governor and legislature on issues.

Action Items

- David Pating, as an OAC expert on COD issues, felt that he could greatly contribute to the COJAC and would like to be a regular attendee. Cheryl Trenwith concurred and accepted Dr. Pating's offer. The Workgroup welcomed him to come back to the meetings.
- Sandra Naylor Goodwin will send the guidelines of COD EBPs to David Pating and Matthew Lieberman as well as the entire Workgroup. CiMH is using this document for COD trainings.
- The COJAC Workgroup would like to receive the most recent AB 2034 data from Dave Neilsen (DMH).

Assembly Member Beall's Aide

Assembly Member Jim Beall currently chairs the Select Committee on Alcohol and Drug Abuse and his aide Sunshine Borelli is attending COJAC today in order to start learning about the issues, meet the members, and establish linkage and

communication. The Committee was formed because of the need and overlap of substance use with most systems/programs/policies. Sunshine Borelli distributed a draft agenda for a hearing which is scheduled November 1st at the Phoenix Academy of Los Angeles.

Assembly Member Beall's priority for this year is SU and parity. His website has the hearing documents:

<http://democrats.assembly.ca.gov/members/a24/drugalcohol.aspx>

He sees the COJAC members and their constituency as experts who are being encouraged to take the opportunity to attend hearings or add information about COD issues. His aide can be contacted for input and ideas so that these can possibly be included in legislation (i.e., include what works using simple changes).

Highlights of the Responses from the COJAC Workgroup

- Cheryl Trenwith suggested that the Workgroup could create a smaller group to look at legislation (AOD/MH) and develop a response. She mentioned Tom Renfree's legislative reports to the COJAC Workgroup as being a foundation.
- Sandra Naylor Goodwin stated that the legislature should consider a bill for an Office of COD that would be a part of DMH.
- Sunshine Borelli stated that Beall was not directly involved in the Governor's Health Care Package. Sunshine responded to Sandra Naylor Goodwin's question about Beall's involvement.

Subcommittee Updates & Outcomes (Report on SAP Update)

The SAP updates should be a part of the discussion at the potential retreat meeting in Jan. 16, 2008.

Screening Subcommittee

- The members have updated the SAP and Action Item list.
- Screening Tool – The subcommittee will be advisory to UCSF in the validation process of the tool (i.e., a scientific evaluation).

The tool will be disseminated at LA COD Conference, introducing it as a promising practice, as Albert Senella wanted noted.

Elizabeth Stanley-Salazar provided a recommendation that the tool be considered for dissemination at the CAMHCY Conference and Rose Jenkins Conference.

- The subcommittee will work on use of the DDCAT, which is being rolled out across the nation by the COCE. They will begin training and coaching on how to use it, helping providers to determine their needs for being COD-capable and competent.

Goals

- Understand it
- Alleviate feeling that the DDCAT is a threat. It could be useful to providers

Elizabeth Stanley-Salazar: Identify resources to implement training with fidelity, coaching, and mentoring and use CIMH and others as consultants.
Sandra Naylor Goodwin: ADPI/CiMH can explore what is possible with the DDCAT and how it can be effective.

Albert Senella stated that a plan to address weaknesses and needs of staff is needed in order to eliminate politics and maintain the privacy of the results.

Also, Albert Senella felt the DDCAT should be used with those who say they are a COD provider, but let's help them assess their capability.

Cheryl Trenwith stated that as we move along it is important to assess the quality of services/improvement as stated by Sandra Naylor Goodwin in last meeting's minutes.

David Pating stated that ATTC has information about funding.

Funding Subcommittee

Mary Hale provided this report. The Subcommittee has had three calls.

They did not update their SAP, but did have questions about the funding section. The questions were:

Strategies Priority 2.1 and 2.2
Date of accomplishments – clarification needed

Potential Updates

1. Draft funding matrix: What do we want to achieve with it?

- a. Want a document to tell people where to get information.
- b. Include information about funding streams for AOD Administrator/MH Directors.
- c. The information will include added links.

Sunshine Borelli – How much is spent on AOD across systems? They are working on a funding report.

There is also a RAND report.

2. Draft fact sheet for EPSDT

Goal:

- To help AOD Administrators in their thinking about COD issues.
- Educate those folks and providers and tell them where to get more information.
- Use it is a training tool.

Licensing & Certification Subcommittee

Elizabeth Stanley-Salazar stated that the entire membership is state personnel.

There is an updated SAP. There is a difference between Action Item list and updated SAP. She provided some comments about the update which are:

1. Deleted DSS, DJJ, and CYS which does not exist.
2. Had joint pilots and site reviews which were completed with ADP/DMH.
3. There is no report on the pilots yet.
4. There is a real need for a regulatory change in this area.
5. They do need a DDCAT pilot which uses a dual certification process so as to inform what goes into this process.

David Pating asked how big the gap for dual certification beds is. Using continuum of care? Crisis? Elizabeth Stanley-Salazar stated that they can't determine these answers. Sandra Naylor Goodwin- CiMH did a report about psychiatric beds a few years ago.

Action Item

Cheryl Trenwith requested a report on the dual certification pilots. Dave Neilsen (DMH) and Alice Trujillo (ADP) will work on this request.

Housing Subcommittee

- Carol Wilkins provided this report. They have a meeting scheduled in November 2007. They will update the SAP at that time.
- She reported on the Housing Initiative (concept paper) for parents with COD who have the following attributes:
 - a. Unstable housing.
 - b. Child welfare system involvement.
 - c. One parent has been incarcerated.

The Subcommittee is looking at financing strategies for this initiative. What is the role for state and local resources? Need a financing plan?

Whose expertise do they need to make this initiative happen? There is a need for more expert members to help with this paper. They will get feedback from important stakeholders, though.

The workforce and training and education needs are not the same. It is not business as usual. In order to achieve the education goals, there is a need to improve the skills of staff to deliver services where they live and use effective interventions that do not always land in offices. Also there are the issues of staff safety, translating skills for use in housing settings, and housing services provision.

David Pating suggested that the Subcommittee ask Darrell Steinberg's staff about COD, staff training, and the housing environment. The noted skills from the Subcommittee are not being defined as such in MHSA, but his staff might suggest using a peer workforce.

Partnership Subcommittee

Tom Renfree provided this report. The Subcommittee has not met, but he did update the SAP. He added, "1.5 Workforce Development issue."

Action Item

Sandra Naylor Goodwin will also provide input into the update of the SAP for the Partnership Committee

Tom Renfree is still looking for more members. The following people have been added:

- DMH-Dave Neilsen
- AOD-Darien De Lu
- CDCR rep. interested

Old Business

None

New Business

Mark Martin, Staff
Little Hoover Commission

The Hoover Commission is willing to recommend legislation regarding COD. Their interest in the COJAC is to listen and learn, because over the last 10 years they have worked on COD and there is a body of recommendations that have been developed that can be updated and used. There is a need to take the ideas from the paper to action. Also, there is a need to move COD up the priority list. His presentation included the following:

1. What are the barriers to funding and treatment of COD?
2. What should we tell the legislature and the Governor?
3. Dave Neilsen (DMH) – What is the evaluation of the previous LHC report?
Mark Martin stated that not much has happened, since the reports were aimed at policy makers who did nothing with them.
4. Part of the new report will include Prop 36.
5. They spoke about services for children who have SU issues and the range of limited benefits. Sunshine Borelli stated that the perception is that a behavior exists instead of a chronic conditions – not an easy fix with a behavioral problem perception.

Other

- Sunshine Borelli asked if the COJAC Workgroup and others are looking for more monies for diagnostics prenatally and following birth. The response was negative.
- There are new Medicaid benefits; how are we maximizing these resources? The response was that we are not doing well, but we should really understand what we are missing.

Next Meeting

CiMH/ADPI/DMH will plan a strategic planning/retreat meeting for
January 16, 2008
Southern California location TBD